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00:00:00,000 --> 00:00:09,000

On this edition of Citing, a disturbing two-part report on enormous flying triangles that have

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00:00:09,000 --> 00:00:13,000

recently been witnessed by thousands of people on the ground and in the air.

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00:00:13,000 --> 00:00:17,000

The copilot instinctively ducks because it was so close.

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00:00:17,000 --> 00:00:24,000

Then Nick Pope from the British Ministry of Defense speaks out about the very real danger these UFOs represent to his government.

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00:00:24,000 --> 00:00:29,000

I certainly believe that some of them are extraterrestrial spacecraft.

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00:00:29,000 --> 00:00:36,000

New owners are renovating Arizona's historic Jerome Hotel, but some of its past just won't go away.

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00:00:36,000 --> 00:00:40,000

I couldn't prove that they are hauntings and I couldn't prove that they're not.

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00:00:40,000 --> 00:00:46,000

Even if you've heard about biofeedback, its new uses will startle you.

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00:00:46,000 --> 00:00:51,000

And is it an ancient curse that continues to plague the construction of Hawaii's newest highway?

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00:00:51,000 --> 00:00:56,000

It will never be right for a freeway to be on top of those sacred places. Never.

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00:00:59,000 --> 00:01:25,000

Music

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00:01:26,000 --> 00:01:29,000

Welcome to Citing's. I'm Tim White.

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00:01:29,000 --> 00:01:33,000

Airline pilots see UFOs. They just don't talk about it.

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00:01:33,000 --> 00:01:41,000

And their culture of silence explains a lot about why one series of reoccurring visits from enormous triangular craft have so far gone unreported.

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00:01:41,000 --> 00:01:47,000

The UFOs called Silent Vulcans are said to have made hundreds of appearances in the skies above Great Britain,

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00:01:47,000 --> 00:01:54,000

but this is the first time the phenomenon is being discussed outside of England by professional pilots and others who have seen them.

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00:01:55,000 --> 00:02:00,000

Music

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00:02:00,000 --> 00:02:04,000

Look at that. Who are they out?

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00:02:04,000 --> 00:02:12,000

For the past three years, this is what hundreds of eyewitnesses have been watching and videotaping in the skies over England.

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00:02:12,000 --> 00:02:18,000

These tapes are misleading because the UFOs are enormous, larger than any aircraft now flying.

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00:02:18,000 --> 00:02:22,000

They are triangular in shape with large glowing lights at each corner.

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00:02:22,000 --> 00:02:26,000

They can soar slowly, hover or accelerate to a tremendous speed.

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00:02:26,000 --> 00:02:30,000

But one of the most eerie aspects of these UFOs is what they don't do.

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00:02:30,000 --> 00:02:35,000

For sure, in all cases, people report that these things made no noise whatsoever.

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00:02:35,000 --> 00:02:38,000

Some have been seeing only a few hundred feet up.

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00:02:38,000 --> 00:02:43,000

From the left, this enormous craft came over the isles.

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00:02:43,000 --> 00:02:48,000

I couldn't believe my eyes because there was no sound at all from this object.

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00:02:48,000 --> 00:02:53,000

It banged over sharp to the left and then I could see it was a huge triangle.

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00:02:53,000 --> 00:03:02,000

Investigators have dubbed them Silent Vulcans for their passing resemblance to the British Delta Wing bomber known as the Avro Vulcan B2.

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But that, according to UFO magazine editor Graham Bird-Sulp, is where the similarity ends.

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00:03:08,000 --> 00:03:14,000

The Vulcan was a pretty much triangular shaped aircraft, unique for its time.

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00:03:14,000 --> 00:03:20,000

But certainly it was no bigger than, let's say, for instance, 60 feet across.

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00:03:20,000 --> 00:03:27,000

And nothing like the kind of size that we associate with today's flying triangles, as it were.

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00:03:27,000 --> 00:03:37,000

Because they are so much larger than Vulcan B2s, some aircraft experts are suggesting that the UFOs may be part of a super secret American stealth project.

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00:03:38,000 --> 00:03:48,000

I just cannot believe that something as big as that, flying over the United States fairly low, flying over here in the United Kingdom fairly low,

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00:03:48,000 --> 00:03:54,000

and flying in such numbers, could be described as a conventional super secret stealth aircraft.

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00:03:54,000 --> 00:03:56,000

I just don't buy the argument.

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00:03:57,000 --> 00:04:09,000

Neither, apparently, does Britain's Civil Aviation Authority, which recently investigated a near

miss between a Silent Vulcan and a British Airways 737 on approach to Manchester Airport.

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00:04:09,000 --> 00:04:19,000

Commercial pilot Graham Shepard, whose own airborne encounter has fueled a 20 year interest in UFOs, has studied the Manchester near miss.

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00:04:19,000 --> 00:04:27,000

Quite suddenly, what the crew described as a triangular, very brightly lit craft, flew past them very, very close on their right hand side.

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00:04:27,000 --> 00:04:34,000

And the reports mentioned that the co-pilot instinctively ducked, because it was so close.

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00:04:34,000 --> 00:04:40,000

Now they were clearly shaken up by this, they asked Radar if they had any traffic and Radar didn't see anything.

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00:04:40,000 --> 00:04:49,000

The Civil Aviation Authority pursued their investigation of the case for more than a year, and released their report in February of 1996.

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00:04:49,000 --> 00:04:57,000

Their conclusion, however, was no conclusion at all. Only that the UFO was unknown. Case closed.

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00:04:57,000 --> 00:05:03,000

When Graham Shepard attempted to follow up with the British Airways crew, he hit a brick wall.

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00:05:03,000 --> 00:05:13,000

I've written to the captain and he hasn't replied, and I have heard on the grapevine that he's not going to discuss it any further with anybody else.

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00:05:13,000 --> 00:05:18,000

He's fed up with the whole thing, and that if the same thing ever happened to him again, he wouldn't report it.

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00:05:18,000 --> 00:05:26,000

So that this comes back to the culture of silence, the consensus of the line of least resistance is to say nothing about these things.

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00:05:26,000 --> 00:05:33,000

It's left to researchers like aeronautical engineer Omar Fowler to pursue an explanation for the silent Balkans.

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00:05:33,000 --> 00:05:55,000

The flap in Derby started about 1994. From December 1994 until May 1995, we had 52 incidents of flying triangles over the city, hovering over main streets, buildings, highways, cars.

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00:05:55,000 --> 00:06:00,000

And this caused quite a lot of consternation to the local public.

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00:06:00,000 --> 00:06:09,000

Although their appearance over England is relatively recent, similarly shaped UFOs have been reported throughout the world, going back more than 20 years.

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00:06:09,000 --> 00:06:15,000

In the Hudson Valley area of New York, literally hundreds of these things were reported by some pretty sane, level headed people.

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00:06:15,000 --> 00:06:20,000

We looked over the top of the trees, and it was this object there out of nowhere.

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00:06:20,000 --> 00:06:26,000

It's a great big object. It's about 300 foot wide, the size of a football field hanging over your head.

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00:06:26,000 --> 00:06:41,000

They first attracted worldwide attention when in 1988 and 89 and 90, there were several thousand sightings, some of them at low level of triangular shaped objects over Belgium.

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00:06:42,000 --> 00:06:51,000

Timothy Good, author of Beyond Top Secret, believes that Belgium was the turning point for the phenomenon because of the credibility of the eyewitnesses.

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00:06:51,000 --> 00:06:58,000

Not just ordinary civilians, but highly qualified observers such as military pilots.

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00:06:58,000 --> 00:07:06,000

The Belgian Air Force was very open and disclosed how many missions they've flown against and flown triangles.

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00:07:06,000 --> 00:07:22,000

And they went to the extent of releasing cockpit radar film showing an F-16 intercepting a triangle and the terrific acceleration of the triangle away from the stationary position.

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00:07:22,000 --> 00:07:29,000

In many cases they accelerated from zero to say 900 kilometres an hour within a matter of seconds.

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00:07:29,000 --> 00:07:33,000

They dropped from 10,000 feet to 500 feet in a few seconds.

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00:07:33,000 --> 00:07:39,000

They were performing aerobatics that no human pilot could have withstood the G-forces.

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00:07:39,000 --> 00:07:42,000

I think there could well be something ominous about this.

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00:07:42,000 --> 00:07:59,000

When I think back to 1988 when on two occasions United States Navy Tomcat aircraft were seen to disappear in close proximity to one of these gigantic triangular shaped craft.

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00:07:59,000 --> 00:08:04,000

And I spoke to the witnesses in both instances and I'm convinced they were telling the truth.

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00:08:05,000 --> 00:08:10,000

Off the record pilots, both military and civilian, are concerned.

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00:08:10,000 --> 00:08:20,000

The silent Valkenians seem to want to engage our aircraft and even the most highly trained pilots have never been trained out of deal with the security threat of an extraterrestrial kind.

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00:08:20,000 --> 00:08:27,000

As far as a threat is concerned my feeling is yes some of these craft are dangerous.

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00:08:27,000 --> 00:08:34,000

I have no doubts about that whatsoever and some of the beings associated with them are dangerous.

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00:08:34,000 --> 00:08:37,000

I don't think they have our best interests at heart.

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00:08:39,000 --> 00:08:46,000

The silent Valken phenomenon has changed the thinking of many former skeptics including one member of Britain's Ministry of Defence.

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00:08:46,000 --> 00:08:54,000

When we return my interview with Nick Pope, a man who has studied UFOs from the inside and is now speaking out.

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00:08:55,000 --> 00:08:58,000

Next, Nick Pope speaks his mind.

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00:08:58,000 --> 00:09:04,000

I cannot stay silent about what I believe we must treat as a potential threat.

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00:09:10,000 --> 00:09:18,000

Huge mother ships known as silent Valken have been spotted in the skies above Great Britain for more than 10 years.

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00:09:18,000 --> 00:09:23,000

But even after dozens of confirmed sightings by professional pilots and other credible eyewitnesses,

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00:09:23,000 --> 00:09:27,000

no one in the British government has made public comment on the phenomenon.

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00:09:27,000 --> 00:09:28,000

Until now.

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00:09:28,000 --> 00:09:35,000

Joining the sightings investigative team in London, I met Nick Pope, the number one UFO man in the Ministry of Defence.

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For 40 years, Defence Ministry policy regarding UFOs was to deny, deflect or dismiss all sightings.

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00:09:47,000 --> 00:09:55,000

This 1952 document to then Prime Minister Winston Churchill reveals that UFOs were routinely explained away

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00:09:55,000 --> 00:10:01,000

as everything from lunar eclipses and lousy weather to stray birds and optical illusions.

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00:10:01,000 --> 00:10:08,000

Not until 1991 did things change when a diligent government worker named Nick Pope put his career on the line

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00:10:08,000 --> 00:10:13,000

by exposing what he believes to be an alarming threat from outer space.

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00:10:13,000 --> 00:10:19,000

I cannot stay silent about what I believe we must treat as a potential threat.

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00:10:19,000 --> 00:10:24,000

When Pope first accepted his assignment to process UFO reports at the Defence Ministry,

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00:10:24,000 --> 00:10:29,000

he was as skeptical about alien spacecraft as the long line of civil servants who had preceded him.

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00:10:29,000 --> 00:10:32,000

But then he started reading the reports.

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00:10:32,000 --> 00:10:38,000

It seemed strange to me that none of my predecessors had really seemed to take this very seriously.

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00:10:38,000 --> 00:10:44,000

My brief at the Ministry of Defence was to look for evidence of a threat to the defence of the UK.

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00:10:44,000 --> 00:10:51,000

I felt that I couldn't make a decision about whether there was or was not a threat until I'd done a full investigation.

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00:10:51,000 --> 00:10:57,000

For Pope, that meant personally interviewing eyewitnesses and established UFO researchers.

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00:10:57,000 --> 00:11:07,000

From Ministry of Defence officer to start talking with UFO researchers was unheard of

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00:11:07,000 --> 00:11:10,000

and it was very much frowned upon in his office.

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00:11:10,000 --> 00:11:15,000

I remember he told me at the time that it was rather like sleeping with the enemy.

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00:11:15,000 --> 00:11:19,000

As UFO reports by the hundreds crossed Pope's desk,

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00:11:19,000 --> 00:11:24,000

he began to believe that the phenomenon had serious national and global implications.

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00:11:24,000 --> 00:11:28,000

Was there a point in time at which you became someone who said,

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00:11:28,000 --> 00:11:31,000

you know, there's really something here?

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00:11:31,000 --> 00:11:40,000

Yes, I think 31st of March 1993, when I got into work and during that day,

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00:11:40,000 --> 00:11:46,000

I suppose took several dozen calls from people, a lot of police and a lot of military witnesses,

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00:11:46,000 --> 00:11:49,000

saying that they had seen a structured craft.

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00:11:49,000 --> 00:11:53,000

I had reports, for example, from a meteorological officer,

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00:11:53,000 --> 00:11:59,000

a chap with eight years of experience of looking at the night sky and judging what the weather was going to be

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00:11:59,000 --> 00:12:01,000

so that he could brief the aircrew.

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00:12:01,000 --> 00:12:05,000

As he put it to me, it behaved like nothing he had ever seen before in his entire life.

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00:12:05,000 --> 00:12:10,000

He did not have the slightest idea what it was and it passed straight over the top of the base.

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00:12:10,000 --> 00:12:14,000

This was not the last time Pope would hear about the silent bombings.

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00:12:14,000 --> 00:12:19,000

Reports were particularly disturbing because these UFOs seemed to be targeting military bases

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00:12:19,000 --> 00:12:21,000

and were impossible to trace.

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00:12:21,000 --> 00:12:24,000

The disturbing thing was that these didn't show up on radar at all,

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00:12:24,000 --> 00:12:27,000

so we never got our air defense aircraft off the ground.

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00:12:27,000 --> 00:12:33,000

That worries me that, you know, something which you've got to regard as potentially hostile

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00:12:33,000 --> 00:12:39,000

until you know what it is, what it's doing, can get slapped bang over the top of a military installation

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00:12:39,000 --> 00:12:44,000

without showing up on the radar, without us getting any air defense assets even deployed.

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00:12:44,000 --> 00:12:48,000

You determined that there might well be threats to national security

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00:12:48,000 --> 00:12:52,000

and yet nobody listened, right? Your superiors weren't interested in what you had to say?

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00:12:52,000 --> 00:12:55,000

People don't like admitting that they've been wrong

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00:12:55,000 --> 00:13:00,000

and it's much easier for them to just say, no, maybe Nick Pope was wrong,

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00:13:00,000 --> 00:13:03,000

maybe he's misinterpreting the data.

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00:13:03,000 --> 00:13:05,000

I just can't support that view.

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00:13:05,000 --> 00:13:07,000

I was the one getting the raw data.

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00:13:07,000 --> 00:13:09,000

I was doing the investigation.

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00:13:09,000 --> 00:13:14,000

Did anyone ever come along and tell you to calm down a little bit and cool it?

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00:13:14,000 --> 00:13:18,000

Yes, on one or two occasions people said to me, you know,

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00:13:18,000 --> 00:13:21,000

I think you're devoting a little bit too much time and effort into this.

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00:13:21,000 --> 00:13:28,000

The official angle, of course, has always been very much the typical stiff British upper lip.

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00:13:28,000 --> 00:13:33,000

It's all foolish nonsense, there's nothing to it, and that's all I'm going to tell you.

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00:13:33,000 --> 00:13:37,000

UFO magazine has done a series of articles on Nick Pope.

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00:13:37,000 --> 00:13:42,000

It believes the British government is hiding UFO secrets which dwarf Pope's revelations.

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00:13:42,000 --> 00:13:49,000

The Cold War may be over, but here in Great Britain we still shiver sometimes because of the secrecy.

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00:13:49,000 --> 00:13:56,000

Some others would suggest that Nick Pope basically was just the front man for a grand cover-up.

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00:13:56,000 --> 00:13:59,000

Well, I don't think there is any great cover-up in Britain.

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00:13:59,000 --> 00:14:04,000

I think that what we actually have is a position where people far from knowing too much about the phenomenon

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00:14:04,000 --> 00:14:09,000

and then keeping it all under wraps, know corporately far too little about it.

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00:14:09,000 --> 00:14:13,000

The best way to study the real UFOs, as I like to call them,

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00:14:13,000 --> 00:14:18,000

was to very quickly eliminate the ones that were just misidentifications.

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00:14:18,000 --> 00:14:23,000

Nine out of ten of them did have conventional explanations.

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00:14:23,000 --> 00:14:31,000

What do you think people are seeing in the ten percent of the cases where there are not prosaic answers for UFOs?

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00:14:31,000 --> 00:14:35,000

I certainly believe that some of them are extraterrestrial spacecraft

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00:14:35,000 --> 00:14:40,000

that quite simply elsewhere in the universe other intelligences have evolved

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00:14:40,000 --> 00:14:49,000

and are doing what after all we ourselves are now beginning to do, to go out into space and to see what's out there.

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00:14:49,000 --> 00:14:56,000

Unlike his counterparts in the United States, Nick Pope has not felt constrained to keep out of the UFO limelight.

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00:14:56,000 --> 00:15:03,000

At lectures and on television, Pope has continued to bring his message and his warning to the British people.

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00:15:03,000 --> 00:15:13,000

What I'm trying to do is to give a flavour of what has been an extraordinarily uneasy and difficult relationship

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00:15:13,000 --> 00:15:23,000

between the world of officialdom in the UK and this incredibly elusive, mysterious UFO subjects.

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In his book about his experiences at the British Ministry of Defence, Pope concludes,

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00:15:28,000 --> 00:15:33,000

we all like to think we're in control, but what happens when we're not?

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00:15:33,000 --> 00:15:39,000

What happens when we refuse to accept that a threat even exists and alone do anything to counter it?

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00:15:39,000 --> 00:15:43,000

This is the ultimate dilemma about UFOs, which we must face.

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00:15:43,000 --> 00:15:49,000

We can't begin to find any solution until we first acknowledge that there is a problem.

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00:15:49,000 --> 00:15:56,000

Even though Nick Pope does not believe that there is a conspiracy of silence within the British government,

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00:15:56,000 --> 00:16:02,000

it is interesting to note that after his recent revelations about UFOs, Pope was moved to a new position.

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He is now an economic analyst at the Ministry of Defence.

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00:16:06,000 --> 00:16:11,000

Next, has this computer scientist succeeded in creating artificial life?

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00:16:11,000 --> 00:16:16,000

Later, Sightings investigates a very historic and a very haunted Arizona hotel.

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Here are some of the stories Sightings is following in the news.

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Saucers, land in Manhattan, well, in New York City art galleries, that is.

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Art work with an alien motif is making a big splash this season,

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00:16:37,000 --> 00:16:40,000

and investors are setting up and taking notice.

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00:16:43,000 --> 00:16:50,000

In New York City, a SoHo gallery showing can mean the difference between instant fame and lifelong obscurity for an artist.

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00:16:50,000 --> 00:16:55,000

This is where the trends are set, and this is where a new genre is emerging.

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It's being called UFO art.

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00:16:57,000 --> 00:17:03,000

There is a broader interest that has made UFOs almost like a cultural icon.

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00:17:03,000 --> 00:17:05,000

It's pervading our society.

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00:17:05,000 --> 00:17:10,000

Display spaces like the American Primitive Gallery and the Hudson Grill

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00:17:10,000 --> 00:17:16,000

are promoting these icons of pop culture as fine art, giving them a new legitimacy in the mainstream.

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There's art in this show that are made by artists who are trained artists who are interested in the subject

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00:17:23,000 --> 00:17:26,000

or have some kind of a fascination with it.

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00:17:26,000 --> 00:17:33,000

And then there are people who are making the art to actually express this experience they actually had.

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00:17:33,000 --> 00:17:36,000

It's almost therapeutic.

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00:17:36,000 --> 00:17:42,000

An alien abduction or a contact with the UFO is a life-shattering experience.

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00:17:42,000 --> 00:17:44,000

It's something one never forgets.

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00:17:44,000 --> 00:17:50,000

There's a need to be able to deal with it through artwork that's a channel.

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And what gallery owners are discovering is that it is not only the UFO community that is embracing UFO art.

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00:17:57,000 --> 00:18:03,000

The people who have been coming to see this show are again as wide a spectrum as the people who made the art.

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00:18:03,000 --> 00:18:13,000

I didn't anticipate being contacted from all over the country as far as people interested in finding out about the show and wanting to get pictures.

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00:18:13,000 --> 00:18:17,000

The artists are just as surprised to find such a broad market for their work.

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00:18:17,000 --> 00:18:27,000

I think there's a lot more people out there that have been making art of this type and probably artwork that I can't even imagine.

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00:18:27,000 --> 00:18:30,000

It feels like this show is just a tip of an iceberg.

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The next UFO art show in Manhattan is set to open on Independence Day 1997 to coincide with the landing of the Pathfinder probe on Mars.

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In Murray Hill, New Jersey, a research physicist at Bell Labs has created a computer simulation that he believes mimics the spontaneous creation of life on an infant planet Earth.

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00:18:55,000 --> 00:19:08,000

One of the things that hadn't been done before that I wanted to look at was to see if I could spontaneously generate self-replicating programs from what was an initially random soup of instructions.

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00:19:09,000 --> 00:19:18,000

Dr. Parjeles discovered that when he typed a random series of commands into his computer program, the program soon began to take on a life of its own.

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00:19:18,000 --> 00:19:30,000

And once that happens, I now have a self-replicating host that then begins to generate children and that is what we think occurred on Earth billions of years ago and is occurring to this day.

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00:19:30,000 --> 00:19:40,000

Until recently, the term alive was only applicable to animals and plants, but Dr. Parjeles' Amoeba program raises provocative questions about what is a life form.

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00:19:40,000 --> 00:19:50,000

Modern dictionaries now say that life is a material complex that among other things can metabolize, can reproduce, can adapt to a changing environment, etc.

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00:19:50,000 --> 00:19:59,000

There's been some interesting questions with regards to life and whether these things are alive. All I can say is if we do consider them to be alive, it's extremely primitive.

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00:19:59,000 --> 00:20:04,000

Primitive or not, the creatures in this program are apparently on the evolutionary fast track.

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00:20:04,000 --> 00:20:15,000

It may take a day, let's say, for some really interesting organisms to develop in my program. Still, it's a lot quicker than what we think is the time span here on Earth of several billion years.

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00:20:15,000 --> 00:20:22,000

This computer colony can't jump off the screen, but could it infiltrate other computers at Bell Labs or beyond?

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00:20:22,000 --> 00:20:30,000

What we have is a virtual world where we've got little programs that are in memory and they're not in any way trying to access the operating system.

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00:20:30,000 --> 00:20:35,000

So these are not at all like viruses that some evil hacker might use.

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00:20:35,000 --> 00:20:46,000

Dr. Parjeles hopes that this high-tech experiment will lead to computer programs that can update and optimize themselves, just as life on Earth has adapted to eons of change.

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00:20:46,000 --> 00:20:51,000

There's a great deal that still needs to be done. I mean, we've really only just scratched the surface.

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00:20:52,000 --> 00:21:03,000

From Roswell, New Mexico, an update on our report about a mysterious piece of debris allegedly retrieved from a flying saucer crash site.

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00:21:03,000 --> 00:21:09,000

The fragment was given to Max LaTel, administrator of the International UFO Museum and Research

Center.

199

00:21:09,000 --> 00:21:16,000

An anonymous party turned the metal over to LaTel and claimed that the fragment was found in 1947 among the crash wreckage.

200

00:21:16,000 --> 00:21:26,000

Initial tests by a metallurgist at New Mexico Tech determined that the sample was composed of layers of copper and silver, both elements known to be present on other planets.

201

00:21:27,000 --> 00:21:38,000

Well now an independent analyst has performed further testing and has come to his own conclusion that the alleged crash debris is of terrestrial origin, perhaps a piece of unusual jewelry.

202

00:21:39,000 --> 00:21:46,000

Although the results of the tests are only preliminary, LaTel has accepted them and plans no further analysis.

203

00:21:46,000 --> 00:21:53,000

But he and other researchers continue to search for legitimate hard evidence that will finally put Roswell to rest.

204

00:21:57,000 --> 00:22:03,000

We'll have more stories in the news next time. Now here's what's coming up as sightings continues.

205

00:22:04,000 --> 00:22:08,000

The Jerome Hotel's haunted past comes back to life.

206

00:22:08,000 --> 00:22:12,000

There are things that have happened in this building that I can't explain.

207

00:22:15,000 --> 00:22:18,000

Later, more problems for Hawaii's cursed highway.

208

00:22:18,000 --> 00:22:25,000

Jerome, Arizona was like a lot of prosperous towns in the Old West. Jerome thrived as long as the mine nearby thrived.

209

00:22:25,000 --> 00:22:28,000

But when the mine closed down, Jerome became a ghost town.

210

00:22:28,000 --> 00:22:33,000

But now lured by untouched historic buildings and its prime tourist location, people are moving back to Jerome.

211

00:22:33,000 --> 00:22:36,000

The only problem is the ghosts aren't moving out.

212

00:22:49,000 --> 00:22:55,000

Jerome is in the middle of nowhere. But in the 1920s, this was a boom town.

213

00:22:55,000 --> 00:23:02,000

Home to one of the most lucrative copper mines in the world, legend has it that everyone who was anyone visited Jerome.

214

00:23:02,000 --> 00:23:08,000

Residents here enjoyed every modern convenience, including the best equipped hospital in Arizona.

215

00:23:08,000 --> 00:23:13,000

Then, in 1953, the mines closed.

216

00:23:13,000 --> 00:23:20,000

The money dried up, and Jerome's population plummeted from 15,000 to just a handful of holdouts.

217

00:23:20,000 --> 00:23:26,000

The buildings were abandoned, the doors of the hospital were closed, and the owners simply walked away.

218

00:23:26,000 --> 00:23:32,000

It's gone through many, many years of being vacant and somehow remained intact.

219

00:23:32,000 --> 00:23:35,000

I don't know what basically protected it.

220

00:23:35,000 --> 00:23:42,000

In 1994, Larry Outier and his brother Bob purchased the old hospital from the filmstodge mining company.

221

00:23:42,000 --> 00:23:46,000

They renovated it and reopened it as the Jerome Grand Hotel.

222

00:23:46,000 --> 00:23:53,000

It wasn't long before guests and workers alike began experiencing strange, haunting activity.

223

00:23:53,000 --> 00:23:56,000

There are things that have happened in this building.

224

00:23:56,000 --> 00:24:00,000

Then things that I have seen in this building have been changed.

225

00:24:00,000 --> 00:24:04,000

The main feeling that I get is energy being pulled out of me.

226

00:24:04,000 --> 00:24:11,000

There's enough bizarre things that have happened that I couldn't prove that they are hauntings and I couldn't prove that they're not.

227

00:24:11,000 --> 00:24:16,000

Primarily we hear strange noises. It could sound like a door opening or closing.

228

00:24:16,000 --> 00:24:27,000

We had one person on the third floor, and nobody came in the building, and he says that there was somebody knocking on his door.

229

00:24:27,000 --> 00:24:32,000

He says that there was somebody knocking on his door in an attempt to open it.

230

00:24:32,000 --> 00:24:38,000

And now I can rely on myself because I am the one here. There was no other way to get up there.

231

00:24:38,000 --> 00:24:43,000

Sightings mounted an investigation led by noted psychic Jory and DeVry.

232

00:24:43,000 --> 00:24:53,000

After spending just one night in the hotel, DeVry said she knew why there was so much paranormal activity inside this morgue abandoned landmark.

233

00:24:53,000 --> 00:25:00,000

As I stop here, this is dense to me. This is heavy. This is thick. I've got goosebumps going up and down my whole body.

234

00:25:00,000 --> 00:25:06,000

Accompanied by the Auteer Brothers and several Jerome residents who had had experiences in the building,

235

00:25:06,000 --> 00:25:17,000

DeVry conducted a kind of psychic tour, trying to put a name to the dark, dense energy she felt swirling inside and outside the recently restored hotel.

236

00:25:17,000 --> 00:25:24,000

Has anyone ever felt like somebody psychically coughing on them?

237

00:25:24,000 --> 00:25:32,000

What was my mother-in-law was staying in the room next door here, and she swears up and down that somebody was walking up and down the hallway up in this area coughing.

238

00:25:32,000 --> 00:25:41,000

They had had a number of legs hit the valley. Here with a lot of your underground mining and stuff, some people were more susceptible to lung problems.

239

00:25:41,000 --> 00:25:46,000

While it wouldn't be unusual to feel illness and suffering inside a former hospital,

240

00:25:46,000 --> 00:25:53,000

Jory Anne was adamant that what she was sensing were not the spirits of patients she felt these were victims.

241

00:25:53,000 --> 00:25:56,000

I picked up a shooting and a hanging.

242

00:25:56,000 --> 00:25:57,000

You did?

243

00:25:57,000 --> 00:25:58,000

Yes, I did.

244

00:25:58,000 --> 00:26:00,000

Tell me you're scary.

245

00:26:00,000 --> 00:26:10,000

The shooting that you're referring to was an attempt. It wasn't successful, and that happened in the room we just walked through.

246

00:26:10,000 --> 00:26:15,000

The superintendent was successful in his shooting.

247

00:26:15,000 --> 00:26:17,000

Here's one I don't know about.

248

00:26:17,000 --> 00:26:20,000

Okay, good. Then we did have a successful shooting, right?

249

00:26:20,000 --> 00:26:21,000

Yes.

250

00:26:21,000 --> 00:26:22,000

Can I add one more thing?

251

00:26:22,000 --> 00:26:23,000

Yes.

252

00:26:23,000 --> 00:26:24,000

Did somebody fall to their death?

253

00:26:24,000 --> 00:26:31,000

This is what I've heard. I cannot document it. I've heard that a guy was injured and he was in a wheelchair.

254

00:26:31,000 --> 00:26:32,000

Okay.

255

00:26:32,000 --> 00:26:37,000

And he pulled himself out here, and he got himself over it.

256

00:26:37,000 --> 00:26:45,000

And although DeVry had never visited the hotel or read about its history, she walked directly into this room and revealed a tragic secret.

257

00:26:45,000 --> 00:26:51,000

I, you know, I picked up somebody hanging themselves very clearly in this environment.

258

00:26:51,000 --> 00:26:53,000

Who's boss?

259

00:26:53,000 --> 00:27:02,000

Choked with emotion, former police chief Ron Ballator revealed that in 1983 in this very room, he had discovered a body hanging from this pipe.

260

00:27:02,000 --> 00:27:09,000

Was there anyone that was involved in a relationship situation at all that kind of drove them, you know, beyond the point and stuff?

261

00:27:09,000 --> 00:27:15,000

Because I'm telling you, something heavy was going on. It was a romantic situation. I know it was.

262

00:27:15,000 --> 00:27:16,000

Right on, money.

263

00:27:16,000 --> 00:27:20,000

The gentleman that lived here was separated from his wife.

264

00:27:20,000 --> 00:27:21,000

Okay.

265

00:27:21,000 --> 00:27:24,000

By some circumstances that he had no control over at all.

266

00:27:24,000 --> 00:27:25,000

Right.

267

00:27:25,000 --> 00:27:30,000

As a matter of fact, my understanding is that some relatives really had control of his life.

268

00:27:30,000 --> 00:27:35,000

And he did not want to be separated from his wife, nor did she want to be separated from him.

269

00:27:35,000 --> 00:27:38,000

He ended up living here while she was living in Clarkdale.

270

00:27:38,000 --> 00:27:44,000

And I guess at some point it just got to be too much for him.

271

00:27:44,000 --> 00:27:52,000

Throughout her tour, DeVry kept coming back to this elevator where she felt very negative energy.

272

00:27:52,000 --> 00:27:56,000

When I was coming into the elevator, I sensed that there was like a heaviness in the air.

273

00:27:56,000 --> 00:27:59,000

It felt like it was thicker, more dense.

274

00:27:59,000 --> 00:28:09,000

And it was in the boiler room where the elevator's motor and controls are located that DeVry began to put together more pieces in this hotel's psychic puzzle.

275

00:28:09,000 --> 00:28:18,000

This seems to be significant. It felt like activity around this area.

276

00:28:18,000 --> 00:28:22,000

The elevators never get stuck or anything like that also.

277

00:28:22,000 --> 00:28:27,000

In 1935, they were having a problem with it.

278

00:28:27,000 --> 00:28:30,000

See, and even right now, sitting here, I'm getting a little pain in my head.

279

00:28:30,000 --> 00:28:37,000

I don't know if a person got caught up big here or got stuck or having problems big here.

280

00:28:37,000 --> 00:28:39,000

Does that make sense? Did they expire?

281

00:28:39,000 --> 00:28:40,000

Yes.

282

00:28:40,000 --> 00:28:43,000

They did expire.

283

00:28:43,000 --> 00:28:47,000

In 1935, maintenance engineer Claude Harvey was found here.

284

00:28:47,000 --> 00:28:50,000

His head crushed under this very same elevator.

285

00:28:50,000 --> 00:28:57,000

A coroner's inquest ruled the death an accident, even though no autopsy was performed, and the elevator was in perfect working order.

286

00:28:57,000 --> 00:29:05,000

Historian Nancy Smith believes the inquest raises more questions than it answers, and that Harvey may have died at the hands of another.

287

00:29:05,000 --> 00:29:08,000

There were a lot of questions that weren't asked.

288

00:29:08,000 --> 00:29:20,000

I think they were in a hurry to get as much of the minimum facts in as they could, so that they could come to that verdict, that it was an accidental death, and that the company had no responsibility in it.

289

00:29:20,000 --> 00:29:23,000

I think it's a good who done it.

290

00:29:23,000 --> 00:29:33,000

Jorianne DeVry agrees. Claude Harvey's death was no accident, and the horrible injustice that took his life has also trapped his spirit inside the Jerome Grand.

291

00:29:33,000 --> 00:29:40,000

I believe that he is unsettled. I believe that there is some restlessness around him and his questionable death.

292

00:29:40,000 --> 00:29:57,000

DeVry believes that Claude Harvey's restless spirit has created a negative psychic vortex at the Jerome Grand, but she suggests once the true cause of Harvey's death is finally uncovered, he and all of the guests at the hotel will finally be able to rest in peace.

293

00:29:58,000 --> 00:30:07,000

Jorianne's psychic hits were all the more impressive because she was given no information whatever about Jerome or the Grand Hotel before her arrival.

294

00:30:07,000 --> 00:30:13,000

In fact, Jorianne lives in Indiana, and she'd never even been to Arizona before her work on this story.

295

00:30:13,000 --> 00:30:15,000

Next.

296

00:30:15,000 --> 00:30:19,000

She really couldn't pay attention very well. Neurologically, she was out of control.

297

00:30:19,000 --> 00:30:24,000

How biofeedback has helped people to actually reprogram their brains.

298

00:30:28,000 --> 00:30:41,000

Brain disorders like clinical depression and ADD, attention deficit disorder, are most often treated with drugs that attempt to alter the chemistry of the brain.

299

00:30:41,000 --> 00:30:49,000

However, more and more doctors and psychologists are exploring a new kind of non-chemical treatment called EEG biofeedback.

300

00:30:49,000 --> 00:30:54,000

It's a new treatment based on the theory that the brain can be trained to fix itself.

301

00:30:58,000 --> 00:31:07,000

You are hearing the sound of brain waves at work.

302

00:31:07,000 --> 00:31:14,000

Hooked up to computers via these sensors, children with attention deficit disorder are learning how to reprogram their brains.

303

00:31:14,000 --> 00:31:22,000

ADD suffers are highly distracted, often hyperactive, and out of control kids who have long been treated with drug therapy.

304

00:31:22,000 --> 00:31:31,000

But at the Drink Institute for Behavioral Medicine, Dr. David Velkoff offers his patients an alternative, using a kind of hands-off Nintendo.

305

00:31:31,000 --> 00:31:37,000

They're playing a video game that their brain controls, and when they're producing normal brain waves, the video game works.

306

00:31:37,000 --> 00:31:51,000

They're hooked up to an electrode that records their brain waves, and when their brain shifts to a faster speed that's necessary for focusing, concentrating, being calm, they see fast brain waves on a computer screen through video games.

307

00:31:51,000 --> 00:32:01,000

Eight-year-old Portia Gardner had been living with her aunt and uncle, Joan and Rex Campbell, for four and a half years before she was finally diagnosed with severe ADD.

308

00:32:01,000 --> 00:32:08,000

From the time that she was with us, I kept saying, you know, something's not right here. I didn't

know what was wrong.

309

00:32:08,000 --> 00:32:13,000

She couldn't remember simple directions. She was very destructive.

310

00:32:13,000 --> 00:32:22,000

Sometimes I felt so bad that I locked myself in my room for like a whole day.

311

00:32:22,000 --> 00:32:28,000

Life at home with Portia was extremely difficult, and keeping her in school was nearly impossible.

312

00:32:28,000 --> 00:32:38,000

We got many letters from school stating that Portia, she disrupted the class all day. She wouldn't be hey, she wouldn't stop talking.

313

00:32:38,000 --> 00:32:42,000

The teacher said that she was not focusing in school. She was drifting away.

314

00:32:42,000 --> 00:32:49,000

Instead of more traditional drug therapy, the Campbells decided to try behavioral therapy before resorting to Ritalin.

315

00:32:49,000 --> 00:33:00,000

Portia, when she first came here, was extremely hyperactive, impulsive, significant difficulty sitting still, and because of that, she really couldn't pay attention very well.

316

00:33:00,000 --> 00:33:02,000

Neurologically, she was out of control.

317

00:33:02,000 --> 00:33:06,000

So why don't you show me your focusing position? Okay.

318

00:33:06,000 --> 00:33:14,000

Portia came to Drake three times a week, every week for five months. All together, she received 45 half-hour treatments.

319

00:33:14,000 --> 00:33:20,000

Really relaxing your body, your back. Doing great.

320

00:33:20,000 --> 00:33:27,000

To use an analogy, Portia's brain, like many others with ADD, was stuck in a different gear than it should be.

321

00:33:27,000 --> 00:33:35,000

By observing her own brain waves, then focusing and concentrating on changing gears, Portia was able to retrain her own mind.

322

00:33:35,000 --> 00:33:45,000

The feedback is helping me a lot. Like, I'm not moving as much as I used to in class. I'm focusing a little bit better than I used to.

323

00:33:45,000 --> 00:33:54,000

I want Portia to come up, and I want her to solve this problem, sister, solve that problem.

324

00:33:54,000 --> 00:34:00,000

Through her own determination and the power of her mind, Portia is turning her life around.

325

00:34:00,000 --> 00:34:07,000

Portia's life has changed dramatically. Her self-esteem has changed, her self-confidence has changed, her view of herself has changed.

326

00:34:07,000 --> 00:34:18,000

She's always singing and skipping and playing, and she loves to come in and repeat rhymes and stuff. She's learning school.

327

00:34:18,000 --> 00:34:24,000

I look in the mirror and what do I see? A funny-looking monkey looking back at me.

328

00:34:24,000 --> 00:34:27,000

She's a much happier child now.

329

00:34:27,000 --> 00:34:35,000

It was ugly before. It was bad. It wasn't going great for me. It wasn't going good for me.

330

00:34:35,000 --> 00:34:46,000

Breakthroughs with EEG biofeedback are not exclusive to children with ADD. Great strides are also being made with adults who are trying to break the chain of physical addiction.

331

00:34:46,000 --> 00:34:56,000

You know, I guess when I look back over my life, I realized that I had a problem with alcohol fairly early on in life.

332

00:34:56,000 --> 00:35:05,000

I had my first DUI when I was 19 years old, and so I guess that's an indication that there may have been a problem.

333

00:35:05,000 --> 00:35:13,000

Norm Lomax is proud to be clean and sober and credits the Life Sciences Institute in Topeka, Kansas with his recovery.

334

00:35:13,000 --> 00:35:19,000

His success with EEG biofeedback came at the end of a long and torturous road.

335

00:35:19,000 --> 00:35:28,000

He'd been to three different residential treatment centers. He tried numerous outpatient therapies and support groups, and he nearly lost his wife 27 years.

336

00:35:28,000 --> 00:35:39,000

Before Norm went to Life Sciences, living with him was like living with nothing. He would come home from work. He'd go to the basement. He'd drink. He'd go to sleep. It's like he wasn't even there.

337

00:35:40,000 --> 00:35:57,000

In what he was sure was to be his last hope, Norm began to try to retrain his brain. He worked with Carol Snarr, a psychophysiologic therapist, and one of the pioneers in using EEG biofeedback to treat physical addictions, particularly alcoholism.

338

00:35:57,000 --> 00:36:05,000

Alcoholics are people often that have a deficiency in one of those slower brainwaves, the brainwave that's called alpha.

339

00:36:05,000 --> 00:36:15,000

It's a very important brainwave in that when we produce some of that, that is the brainwave that gives us a sense of joy, a sense of ease in life.

340

00:36:15,000 --> 00:36:26,000

So what we are attempting to do is increase the amount of the alpha brainwave that they produce and thus help them feel a lot more at ease in life.

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00:36:26,000 --> 00:36:34,000

An individual will sit and listen to the machine. There's a tone for each one of the brainwaves that we produce.

342

00:36:34,000 --> 00:36:43,000

So their task is to get a sense of getting into the state of consciousness that will produce more of those tones.

343

00:36:43,000 --> 00:36:53,000

Within just a short while, I learned to recognize the difference in the different brainwave patterns, and I knew when the things that we wanted to increase or improve were happening.

344

00:36:53,000 --> 00:37:00,000

Results vary widely, but Norm believes he had a significant breakthrough after just five sessions.

345

00:37:00,000 --> 00:37:04,000

By about 11 o'clock in the morning, I was starting to have kind of a really crummy day.

346

00:37:04,000 --> 00:37:14,000

I had to go down the street to a hardware store to pick up some parts, and on the way back to the shop, I drove by the same liquor store that I'd gone to hundreds of times,

347

00:37:14,000 --> 00:37:22,000

and the thought crossed my mind, you know, I can lick this problem real quick. All I got to do is just stop in here.

348

00:37:22,000 --> 00:37:29,000

But for some reason, I didn't even slow down, and I didn't stop, and I just went on with the rest of my day.

349

00:37:29,000 --> 00:37:42,000

That was the day that I realized the difference between concentrating my efforts to not do all those bad things and instead just relax and do the right things.

350

00:37:42,000 --> 00:37:48,000

That was two and a half years ago. Since then, success, not failure, is the story of Norm's life.

351

00:37:48,000 --> 00:37:55,000

Success he attributes to changing not only his behavior patterns, but also his brainwave patterns.

352

00:37:55,000 --> 00:38:02,000

I really don't feel like that I'm a recovering alcoholic. I mean, I think I have recovered.

353

00:38:02,000 --> 00:38:12,000

After I completed the other treatment programs, I went out, lived my life a day at a time, just hanging on and trying not to drink.

354

00:38:12,000 --> 00:38:16,000

Today, that's not even one of the considerations.

355

00:38:16,000 --> 00:38:27,000

The odds appear to be in his favor too. The Life Sciences Institute claims the success rate of between 65 and 70%, and they claim it's success that lasts forever.

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00:38:27,000 --> 00:38:38,000

That's one nice thing about it, is with biofeedback of any kind, as well, with the brainwave training, that once you have made the physiological changes in the body, that they stay.

357

00:38:39,000 --> 00:38:47,000

It's sobered him up and it's kept him that way, and really gave him back to us, out of the bottle, back to us.

358

00:38:47,000 --> 00:38:59,000

The mysterious power of the mind remains largely undiscovered, and the success people like Portia and Norm are enjoying is only the beginning of a new science on the cutting edge.

359

00:38:59,000 --> 00:39:08,000

To say that this experience with the biofeedback and the brainwave training has changed my life significantly would be an understatement.

360

00:39:08,000 --> 00:39:14,000

I'm glad that I got help. It's much better for me.

361

00:39:14,000 --> 00:39:26,000

EEG biofeedback is still quite controversial, but more and more people are turning to this noninvasive therapy for help with everything from panic attacks to sleep disorders to epilepsy.

362

00:39:26,000 --> 00:39:35,000

And an ongoing VA study is showing that EEG biofeedback may even be effective in relieving Veterans PTSD, post-traumatic stress disorder.

363

00:39:35,000 --> 00:39:41,000

Next, is it a curse that's turned Hawaii's newest highway into its deadliest?

364

00:39:41,000 --> 00:39:46,000

They are waking up spirits that are even more powerful than the one before.

365

00:39:47,000 --> 00:40:01,000

On a recent episode of Sightings, we brought you the story of the H3, a highway near Honolulu that's been plagued by unexplained accidents and tragic deaths.

366

00:40:01,000 --> 00:40:12,000

Many believe the road is cursed because it runs through a sacred Hawaiian burial ground, and recent accidents there seem to bear out the possibility that the curse of H3 is real.

367

00:40:12,000 --> 00:40:29,000

The H3 is paved with tragedy. Two dead, dozens injured. It's taken more than 20 years and \$1.5 billion to build a highway that's only 16 miles long, making the H3 the most expensive stretch of road anywhere in the world.

368

00:40:29,000 --> 00:40:35,000

The H3 nightmare doesn't surprise many Hawaiians, but believe that the H3 is cursed.

369

00:40:35,000 --> 00:40:44,000

They're construction workers and subcontractors have witnessed equipment moving without operators being in them and then stopping and starting.

370

00:40:44,000 --> 00:40:53,000

And according to one confidential source who has spoken with many H3 construction workers, the number of mysterious illnesses have been falling to work crew.

371

00:40:53,000 --> 00:40:59,000

Otherwise healthy young men have fainted, suffered cardiac arrest, and at least two have had heart attacks.

372

00:40:59,000 --> 00:41:07,000

Workers report off the record that the haunting activity and the illnesses are distracting, causing them to make simple mistakes.

373

00:41:07,000 --> 00:41:12,000

Unofficially, it's the curse that's being blamed for this freak accident.

374

00:41:14,000 --> 00:41:22,000

On July 27th, 1996, four 60-ton girders cracked off the highway and plummeted to the valley below.

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00:41:22,000 --> 00:41:30,000

Four workers were hospitalized. Ironically, the accident occurred while workers were installing earthquake restraints to make the freeway safer.

376

00:41:42,000 --> 00:41:50,000

Lily Kala is an associate professor for Hawaiian studies at the University of Hawaii. She is an expert on Hawaiian history and mythology.

377

00:41:50,000 --> 00:41:59,000

So this is the collapse and they are trying to pretend like they don't know what's happening or they can't explain it, but gee, it must be something logical.

378

00:41:59,000 --> 00:42:01,000

They don't want to believe that it's Hawaiian gods.

379

00:42:01,000 --> 00:42:07,000

But sources have told sightings that some workers are starting to believe in the power and presence of these spirits.

380

00:42:07,000 --> 00:42:15,000

Just before the highway section started to crack and collapsed, the workers reported hearing the sound of footsteps.

381

00:42:15,000 --> 00:42:18,000

They're spooked. They're really scared.

382

00:42:18,000 --> 00:42:27,000

The interesting thing is that because of the way the freeway span fell, those people should have been killed and they survived.

383

00:42:27,000 --> 00:42:31,000

So we see this as a warning. This is not the end.

384

00:42:33,000 --> 00:42:42,000

The contractors have attempted to appease critics by bringing in priests to bless the highway on a number of occasions, native Hawaiians scoff at these overtures.

385

00:42:43,000 --> 00:42:50,000

They think all they need is a Christian minister to come in and bless the site and they can just continue, but that's not addressing the problem.

386

00:42:50,000 --> 00:42:59,000

The problem is desecration of sacred sites. You're dealing with a different forces here. You're not dealing with something that Christianity can comprehend.

387

00:43:00,000 --> 00:43:11,000

According to ancient Hawaiian teachings, desecration of sacred sites in books occurs called a heva, and the only way to remove the heva is to remove the highway.

388

00:43:11,000 --> 00:43:22,000

It is not up to humans to try to bless or take away the heva by words. It is up to humans to take away the heva by deed.

389

00:43:22,000 --> 00:43:28,000

It will never be right for a freeway to be on top of those sacred places. Never. The heva will be there forever.

390

00:43:28,000 --> 00:43:32,000

And the strange things we have seen happening there will continue to happen there.

391

00:43:32,000 --> 00:43:39,000

And in fact, the H3 workers do appear to be the ones to bear the brunt of their ancestors' fury.

392

00:43:39,000 --> 00:43:52,000

What they need to realize is that as they go into that mountain, that they are waking up spirits and probably near certain burials or sacred places that are even more powerful than the one before.

393

00:43:52,000 --> 00:43:56,000

They need to realize that they should stop building this freeway.

394

00:43:56,000 --> 00:44:13,000

The state of Hawaii plans to open the H3 in May of 1997 with a celebratory foot race for 60,000 runners. Historian Lily Callaw believes this may turn out to be the ultimate indignity to her ancestors.

395

00:44:13,000 --> 00:44:17,000

And she fears for the future of the highway and its travelers.

396

00:44:17,000 --> 00:44:25,000

If you've had a paranormal experience, please write to us at Sightings.

397

00:44:25,000 --> 00:44:33,000

Sightings can also be contacted at America Online at keyword Sightings. Download images, sounds and quick time clips from Sightings episodes.

398

00:44:33,000 --> 00:44:41,000

On the internet, access information about Sightings and the paranormal at sci-fi.com.

399

00:44:42,000 --> 00:44:47,000

Until next time, remember, no mystery is closed to an open mind.

400

00:44:47,000 --> 00:44:50,000

For Sightings, I'm Tim White.

401

00:44:59,000 --> 00:45:05,000

Experience strange and unexplained phenomenon. Sightings is next on Sci-Fi.

402

00:45:41,000 --> 00:45:44,000

Sightings is next on Sci-Fi.